


Good Karma

This is a nice reading, but short . Enjoy ! This is what the Dalai Lama has to say for 2010. All it takes is a few seconds to read and think over. Do not keep this message. The mantra must leave your hands within 96 hours. You will get a very pleasant surprise. This is true for all ~ even if you are not superstitious ~ of whatever religious belief... .. Faith... ..





Take into account that
great love and great
achievements involve
great risk.

... just live your Dream



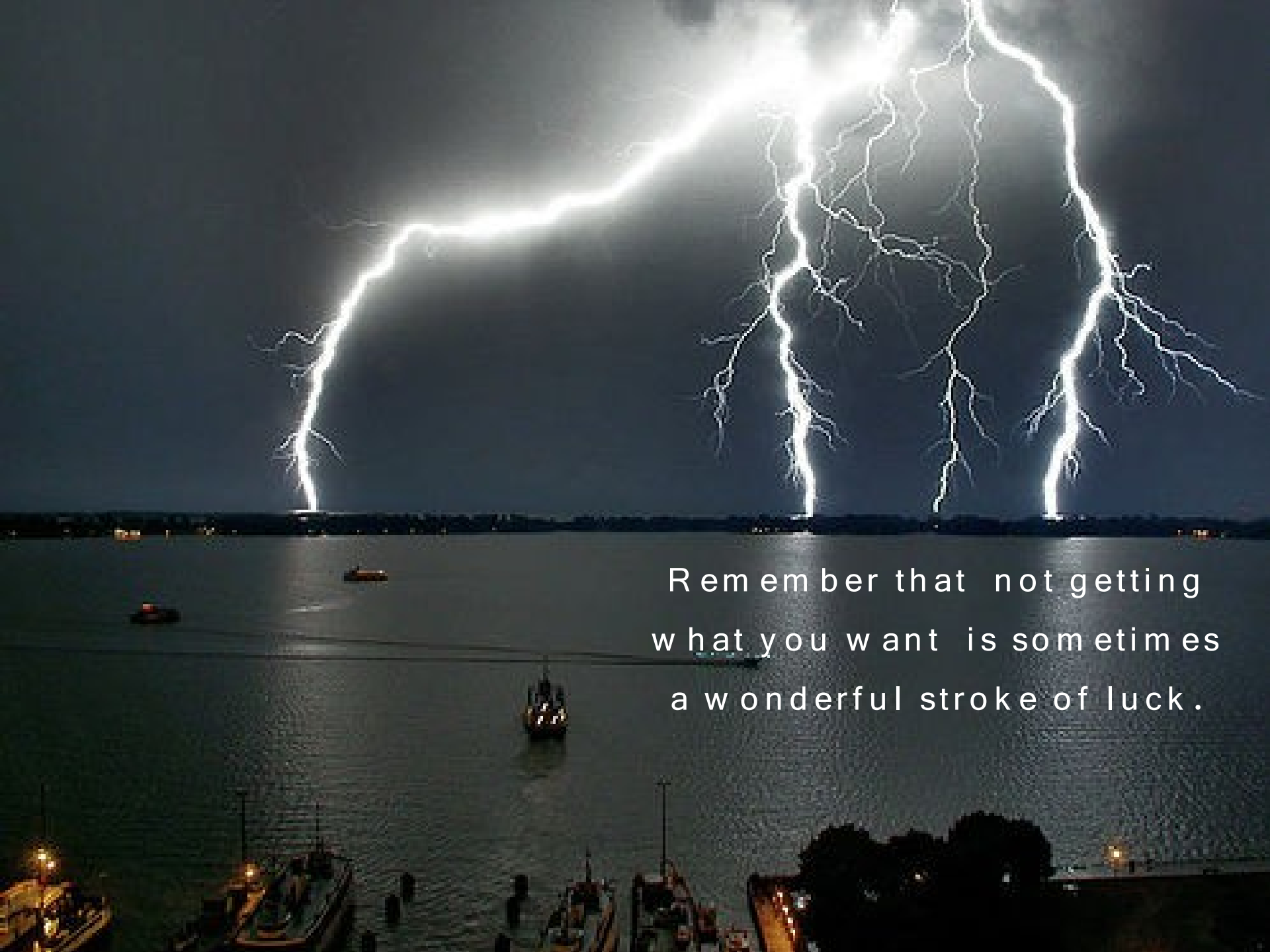
When you
lose,
don't lose
the
lesson... ..
... ..



Follow the three R's:

- Respect for Self,
- Respect for Others and
- Responsibility for all your

Actions.



Remember that not getting
what you want is sometimes
a wonderful stroke of luck.

Learn the rules so you
know how to break
them properly.



A scenic landscape at sunset. The sky is filled with vibrant orange and yellow clouds, with the sun low on the horizon behind a range of dark, jagged mountains. In the foreground, a river flows through a lush green valley, surrounded by dense evergreen forests. The overall atmosphere is warm and serene.

Don't let a little dispute injure a
great relationship.


When you realize you've made a
mistake, take immediate steps to
correct it.



Rolf Ficker

A serene landscape featuring a calm pond in the center, surrounded by lush green trees and foliage. The sky is a clear, vibrant blue. The foreground is filled with tall, golden-brown grasses. The overall scene is peaceful and inviting.

Spend some time
alone every day.

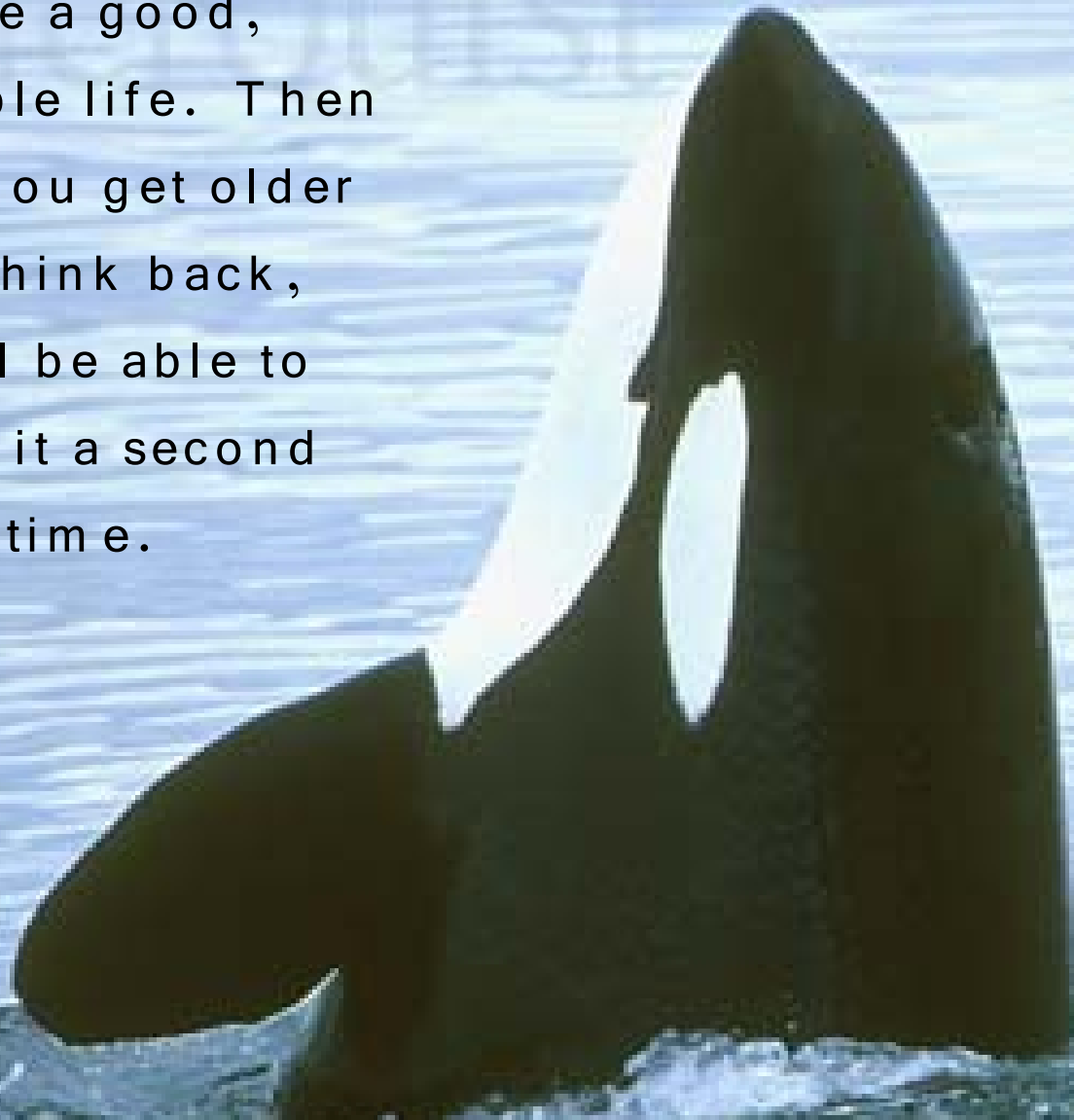
Two white tiger cubs are sitting on a log. The cub on the left is smaller and has a more orange-tinted white fur, while the cub on the right is larger and has a more pure white fur with dark stripes. Both cubs have blue eyes and are looking towards the camera. The background is dark and out of focus, suggesting a natural habitat.

Open your arms to
change, but don't
give up your
values.



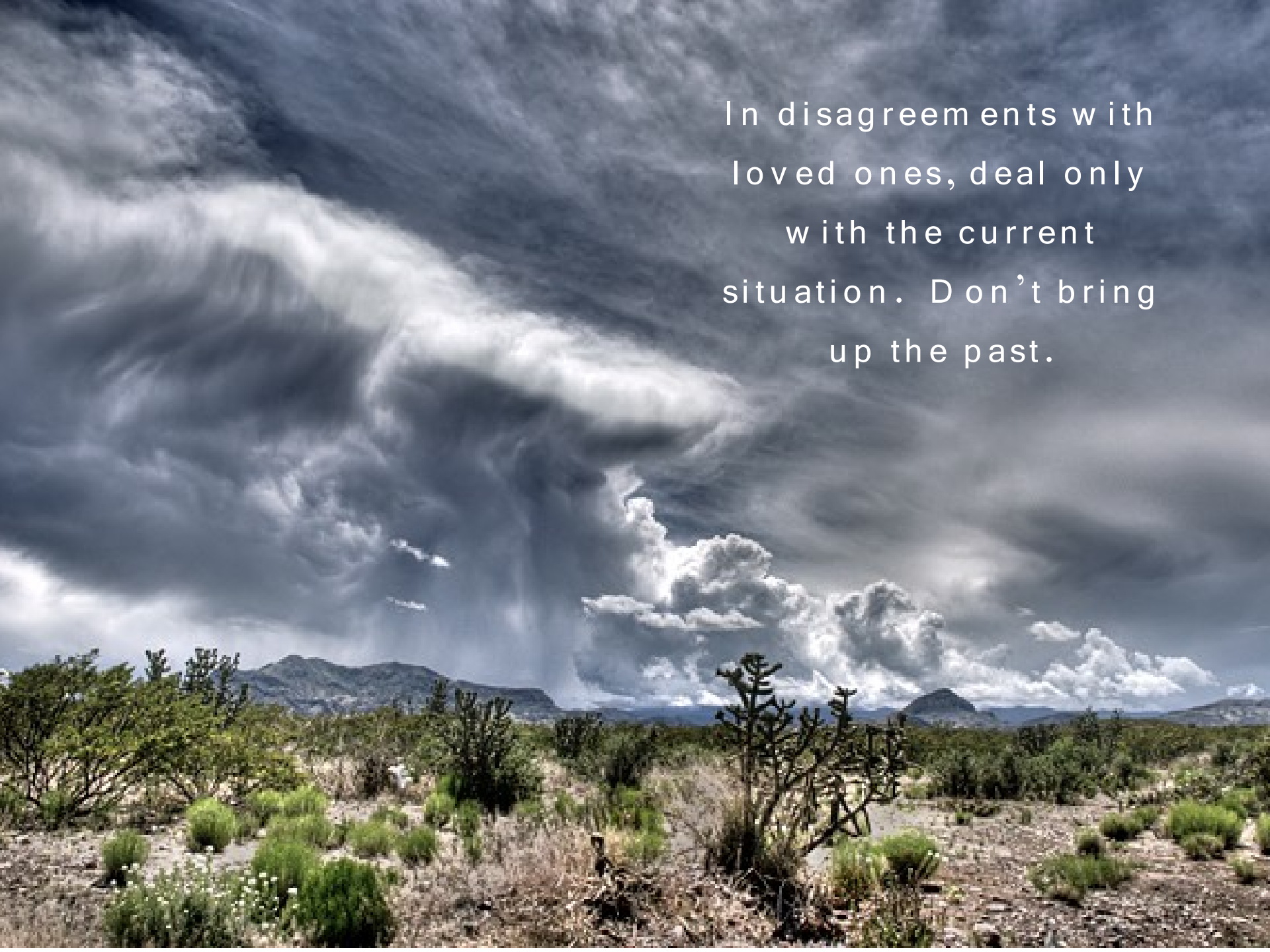
Remember that silence is sometimes the best answer.

Live a good,
honorable life. Then
when you get older
and think back,
you'll be able to
enjoy it a second
time.



A loving atmosphere
in your home is the
foundation for your
life.



A dramatic landscape photograph featuring a dark, stormy sky with large, white, billowing clouds. The foreground is a desert landscape with various green and brown shrubs and cacti. In the background, there are mountains under a cloudy sky. The overall mood is intense and atmospheric.

In disagreements with
loved ones, deal only
with the current
situation. Don't bring
up the past.

Share your
knowledge. It is
a way to achieve
immortality.



A dramatic landscape featuring a vibrant green field in the foreground and a turbulent, stormy sky above. The sky is filled with large, dark, grey clouds, with a bright light source breaking through on the left side, creating a lens flare effect. The overall mood is intense and powerful.

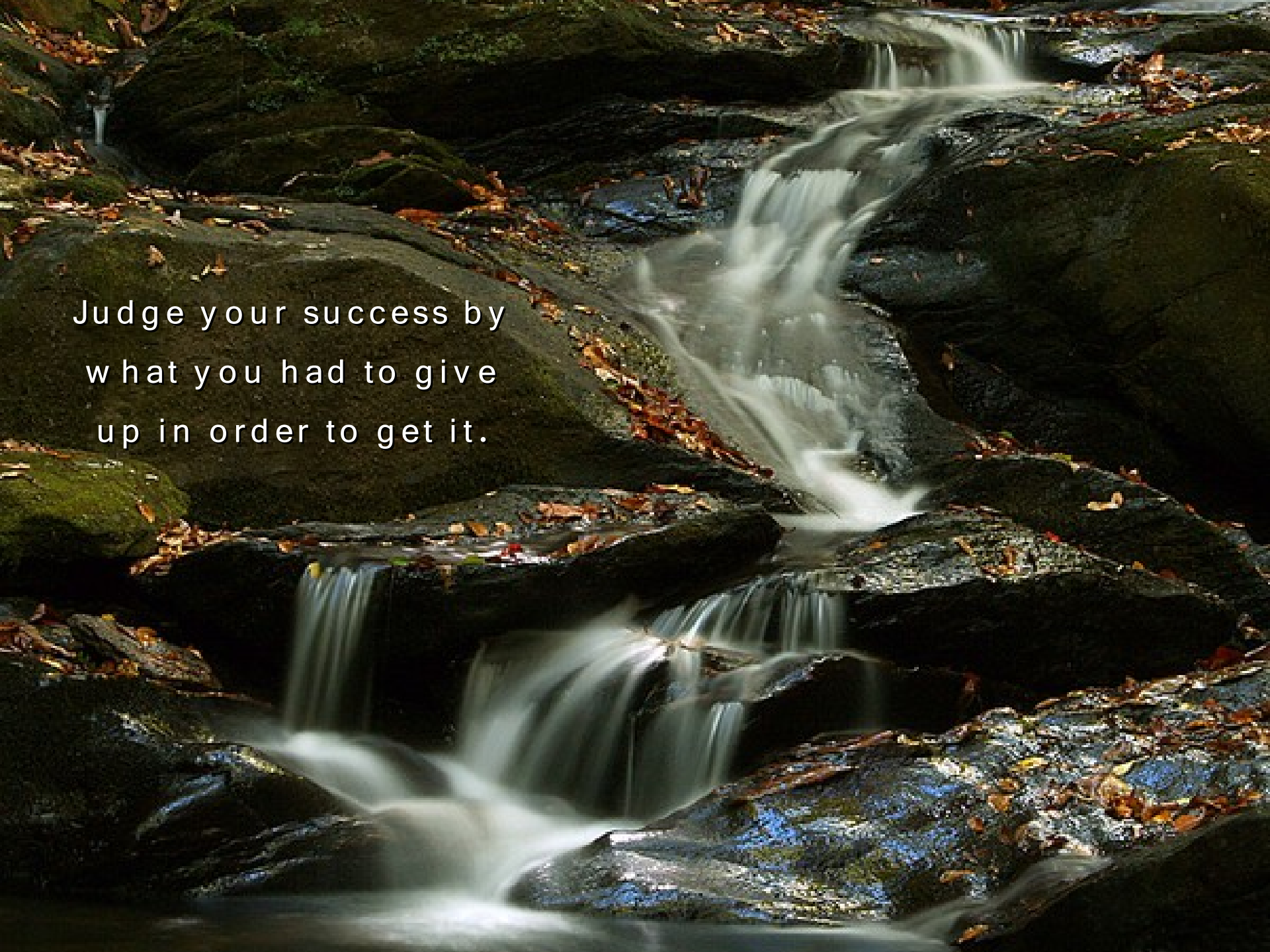
Be gentle with the Earth.



Once a year, go some place you've
never been before.



Remember the best relationship is
one in which your love for each
other exceeds your need for each
other.



Judge your success by
what you had to give
up in order to get it.

Approach love and
cooking with
reckless abandon.



Forward this mantra to at least 5 people and your life will improve.

0 – 4 people: Your life will improve slightly..

5 – 9 people: Your life will improve to your liking.

10 – 14 people: You will have at least 5 wonderful surprises in the next 3 weeks.

15 people & over: Your life will improve drastically and everything you ever dreamed of will begin to take shape.

Do not keep this message. This mantra must leave your hands within 96 hours.

You will get a very pleasant surprise.